# SUMS AND DIFFERENCES OF FINITE SETS 

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To Jean-Marc Deshouillers, for his 60th birthday


#### Abstract

In a given abelian group, let $A$ and $B$ be two finite subsets satisfying the small sumset condition $|A+B| \leq K|A|$. We consider the problem of estimating how large $|A-B|$ can be in terms of $|A|$ and $K$ and the one of estimating the ratio $|X-B| /|X|$ when $X$ runs over all the non-empty subsets of $A$.


## 1. Introduction and statement of the results

Let $A$ and $B$ be two non-empty and finite subsets of an abelian group $G$. The cardinality of any finite set $X$ is written $|X|$. As usual, we denote by $A+B$ (resp. $A-B$ ) the set of all sums $a+b$ (resp. differences $a-b$ ) where $a \in A$ and $b \in B$. The set of all sums of $h$ elements of $B$ is denoted by $h B$. In the last fifteen years, several papers were concerning with the problem of comparing the relative sizes of $A+B$ and $A-B$. We clearly have $\max (|A|,|B|) \leq|A \pm B| \leq|A||B|$. The upper bound is achieved when $A$ and $B$ are generic sets, that is when the only solutions of $a+b=a^{\prime}+b^{\prime}, a, a^{\prime} \in A$, $b, b^{\prime} \in B$ are the trivial solutions $(a, b)=\left(a^{\prime}, b^{\prime}\right)$. This shows that there is no non-trivial solution for $a-b^{\prime}=a^{\prime}-b, a, a^{\prime} \in A, b, b^{\prime} \in B$, thus we also have $|A-B|=|A||B|$. If $|A+B|=|A|$, then $A+B-B=A$, which implies $|A-B|=|A|$. In this paper we consider the question of comparing the size of $A-B$ with that of $A+B$ when $|A+B| \leq K|A|$.

For multiple addition or difference, sharp results have been obtained thanks to a very efficient theorem of Plünnecke. According to [4], this result known as Plünnecke inequalities, can be stated as follows:
(i) Assume that $|A+B| \leq K|A|$. Then for any positive integer $h$, there exists a non-empty subset $X$ of $A$ such that

$$
\begin{equation*}
|X+h B| \leq K^{h}|X| \tag{1}
\end{equation*}
$$

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The research of the third-named author is supported by Hungarian National Foundation for Scientific Research (OTKA), Grants No. T042750, T043623 and T061908.
(ii) Assume that for a positive integer $j$ one has $|A+j B| \leq K|A|$. Then for any integer $h \geq j$, there exists a non-empty subset $X$ of $A$ such that

$$
\begin{equation*}
|X+h B| \leq K^{h / j}|X| . \tag{2}
\end{equation*}
$$

(iii) Assume that $|A+B| \leq K|A|$. Then for any nonnegative integers $h$, $j$, one has

$$
|h B-j B| \leq K^{h+j}|A|
$$

Assertion (i) is a particular case of (ii) and assertion (iii) is obtained by using (ii) and the inequality (cf. [4])

$$
\begin{equation*}
|X-Y| \leq \frac{|X+Z||Y+Z|}{|Z|} \tag{3}
\end{equation*}
$$

which is valid for any finite sets $X, Y, Z$. It is quite clear that in general the set $X$ in (i) and (ii) of Plünnecke inequalities cannot be reduced to a singleton (just think $A=B$ being a large finite arithmetic progression). On the other hand, it is worth mentioning that in general one cannot take $X=A$ (see [6] for more details on this question).

Letting $j=0$ and $h=2$ in assertion (iii) of Plünnecke inequality, we obtain $|2 B| \leq$ $|A+B|^{2} /|A|$. Thus we have

$$
\begin{equation*}
|A-B| \leq \frac{|A+B||2 B|}{|B|} \leq \frac{|A+B|^{3}}{|A||B|}=\left(\frac{|A+B|^{2}}{|A||B|}\right)|A+B|, \tag{4}
\end{equation*}
$$

by using inequality (3). When $|A|,|B|$ and $|A+B|$ are of comparable size, this inequality shows that $|A-B|$ has also a bounded ratio with $|A|$. If we only assume that $|A+B| \leq K|A|$, it is not true that $|A-B| /|A|$ is bounded by some constant depending on $K$, except in the special case $K=1$. Indeed, the third-named author proved in [6] the following result: There exists a real number $\theta>1$ such that for any $K>1$ and arbitrarily large integers $n$, there are two sets of integers $A$ and $B$ satisfying

$$
\begin{equation*}
|A|=n, \quad|A+B| \leq K|A| \quad \text { and } \quad|A-B| \geq c(K)|A+B|^{\theta} \tag{5}
\end{equation*}
$$

where $c(K)>0$.
The discussion above shows that the only way to extend this statement to $K=1$ is to let $c(1)=0$.

As shown in [6], the choice $\theta=2-\frac{\log 6}{\log 7}=1.0792 \ldots$ is admissible in (5). The proof is based on a elementary construction which uses the fact that the set $U=\{0,1,3\}$ satisfies $|U+U|=6$ and $|U-U|=7$. In this connection and for future references we notice that (3) yields

$$
\begin{equation*}
|U-U| \leq|U+U|^{4 / 3} \tag{6}
\end{equation*}
$$

In [2], it is shown that for any $\lambda<\frac{\log (1+\sqrt{2})}{\log 2}=1.2715 \ldots$, there exist sets $A$ of nonnegative integers such that $|A-A| \asymp|A+A|^{\lambda}$, but $A$ does not fulfill the condition $|A+A| \asymp|A|$ any more. Nevertheless these sets allow us to show that the exponent $\theta$ in (5) can be slightly improved as regards to the original result:

Theorem 1. Let $K>1$ be a real number. There exist a real number $\theta_{0}>1.14465$ and two sets of integers $A$ and $B$ with $|A|$ arbitrarily large such that

$$
\begin{equation*}
|A+B| \leq K|A| \quad \text { and } \quad|A-B| \geq\left(\frac{2(K-1)}{3 K}\right)^{5 / 4}|A+B|^{\theta_{0}} \tag{7}
\end{equation*}
$$

Using similar ideas, one can show that there exists a positive real number $c(K)$ such that for any positive integer $n$, there exists two sets of integers $A$ and $B$ for which (5) holds with $\theta=\theta_{0}$.

The easy bound $|2 B| \leq|B|^{2}$ and (4) imply $|A-B| \leq|A+B||2 B|^{1 / 2}$. Since $|3 B|^{1 / 3} \leq$ $|2 B|^{1 / 2}$ (see [6, Theorem 7.2] and also [7]), the following result provides a strenghtened estimate.
Theorem 2. Let $A$ and $B$ two finite sets in an abelian group. Then

$$
\begin{equation*}
|A-B| \leq|A+B||3 B|^{1 / 3} . \tag{8}
\end{equation*}
$$

In [7], the third-named author suggested that perhaps, the sequence $\left(|h B|^{1 / h}\right)_{h \geq 1}$ is non-increasing. A natural problem is to find for which integers $h$ we have

$$
\begin{equation*}
|A-B| \leq|A+B||h B|^{1 / h} \tag{9}
\end{equation*}
$$

for any sets $A$ and $B$. Assume that this bound holds for some $h \geq 1$. By Plünnecke inequality, we have $|h B| \leq K^{h-1}|A+B|$, where $K=|A+B| /|A|$. Therefore $|A-B| \leq$ $K^{1-1 / h}|A+B|^{1+1 / h}$. This contradicts Theorem 1 for $h \geq 7$ (see also the remark at the end of Section 2).

Using the trivial fact that $|A||B| \geq|A-B|$, the bound $|A-B| \leq|A+B|^{3 / 2}$ follows from (4). This estimate can be strengthened if we further assume that $|A+B| \leq K|A|$ :
Corollary 3. Let $A$ and $B$ be two finite sets such that $|A+B| \leq K|A|$. Then

$$
|A-B| \leq K^{2 / 3}|A+B|^{4 / 3}
$$

Indeed, as $|3 B| \leq|A+B|^{3} /|A|^{2}$ by Plünnecke inequality, Theorem 2 gives

$$
|A-B| \leq \frac{|A+B|^{2}}{|A|^{2 / 3}} \leq K^{2 / 3}|A+B|^{4 / 3}
$$

From Corollary 3 we deduce that the value of $\theta$ in (5) and that of $\theta_{0}$ in (7) cannot be larger than $4 / 3$.

We now consider the following related question: under the same assumption $|A+B| \leq$ $K|A|$, how large can be $|X-B| /|X|$ where $X$ runs over all the subsets of $A$ ? Using Plünnecke inequality (1), it is possible to obtain the following upper bound for this ratio:
Theorem 4. Let $A$ and $B$ be non-empty and finite subset of some abelian group such that $|A+B| \leq K|A|$. Then there exists some non-empty subset $X$ of $A$ such that

$$
\begin{equation*}
\frac{|X-B|}{|X|} \leq K \exp (2 \sqrt{(\log K)(\log |A|)}) \tag{10}
\end{equation*}
$$

We observed above that $|A-B| /|A|$ can be very large even in the case where $\mid A+$ $B|/|A|$ is bounded. The following result shows that this fact is in some sense uniform (see [6]): There exist two sets $A$ and $B$ with $|A|$ arbitrarily large and $|A+B| \leq 3|A|$ such that for any $X \subset A$, one has $|X-B| \geq \frac{1}{3}(\log |A|)|X|$. By a modification of the argument, this result may be improved in the following way:
Theorem 5. Let $K>1$ and $\tau$ such that $0<\tau<1-1 / K$, and define

$$
f(\tau)=(-\tau \log \tau-(1-\tau) \log (1-\tau))
$$

Then for any $c<\sqrt{\frac{2}{3}} f(\tau)$ there exist two sets $A$ and $B$ with $|A|$ arbitrarily large and $|A+B| \leq K|A|$ such that for any non-empty subset $X$ of $A$, one has

$$
\frac{|X-B|}{|X|} \geq \exp \left(c \sqrt{(\log ((1-\tau) K))(\log |A|)(\log \log |A|)^{-1}}\right) .
$$

As an immediate consequence, we obtain for $K$ not too close to 1 :
Corollary 6. Let $K>2$. Then for any $c<\frac{\sqrt{2} \log 2}{\sqrt{3}}$, there exist two sets $A$ and $B$ with $|A|$ arbitrarily large and $|A+B| \leq K|A|$ such that for any non-empty subset $X$ of $A$, one has

$$
\frac{|X-B|}{|X|} \geq \exp \left(c \sqrt{(\log (K / 2))(\log |A|)(\log \log |A|)^{-1}}\right)
$$

This uniform lower bound for $|X-B| /|X|$ can be compared to the upper bound (10) obtained in Theorem 4.

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## 2. Sumset and difference set

Proof of Theorem 1. The result will follow from
Lemma. Let $K>1$ be a real number and let $U$ be a finite, non-empty set of nonnegative integers containing 0 . Set $s=|2 U|, d=|U-U|, q=2 \max U+1$ and $\theta=1+$ $\log (d / s) / \log q$. If $d<q$, then there exist pairs $(A, B)$ of finite, non-empty integer sets with $|B|$ arbitrarily large such that $|A+B| \leq K|A|$ and

$$
\begin{equation*}
|A-B| \geq(2(K-1) / 3 K)^{5 / 4}|A+B|^{\theta} \tag{11}
\end{equation*}
$$

Proof. We fix $k$ any arbitrary large integer. Set

$$
B=\left\{\sum_{j=0}^{k-1} u_{j} q^{j}: u_{j} \in U, j=0, \ldots, k-1\right\}
$$

and

$$
A=[1, L] \cup \bigcup_{i=1}^{m}\left(a_{i}+B\right)
$$

where the $a_{i}$ 's are positive integers larger than $L+q^{k}$ and such that $a_{i}-a_{j} \notin(B-B) \cup 2 B$ unless $i=j$. Since max $B<q^{k}$, we have

$$
|A| \geq L+1, \quad|A+B|=m s^{k}+t, \quad|A-B|=m d^{k}+t
$$

where $t:=|[1, L]+B|=|[1, L]-B|$. Since $B \subset\left[0, \frac{q^{k}}{2}\right]$, we note that $L \leq t \leq L+\frac{q^{k}}{2}$. We choose

$$
L=\left\lfloor\frac{3 q^{k}}{2(K-1)}\right\rfloor .
$$

Letting $m=\left\lfloor\left(\frac{q}{s}\right)^{k}\right\rfloor$, we obtain $|A+B| \leq q^{k}+t \leq \frac{3}{2} q^{k}+L \leq \frac{3 K q^{k}}{2(K-1)} \leq K(L+1) \leq K|A|$ and $|A-B| \geq\left(\frac{q d}{s}\right)^{k}-d^{k}+t \geq\left(\frac{q d}{s}\right)^{k}$ if we assume further that $d<q$ and $k$ is sufficiently large. Consequently

$$
|A-B| \geq\left(\frac{q d}{s}\right)^{k} \geq\left(\frac{2(K-1)|A+B|}{3 K}\right)^{1+\frac{\log d-\log s}{\log q}}
$$

By (6), we have $d \leq \max \left(q, s^{4 / 3}\right)$, thus

$$
\begin{equation*}
1+\frac{\log d-\log s}{\log q} \leq \frac{5}{4} \tag{12}
\end{equation*}
$$

We finally get (11).
Remark. It is worth mentioning that (12) implies that the largest exponent $\theta$ that could be eventually obtained by this method is at most equal to $5 / 4$.

By an exhaustive computational research, we got the set $U=\{0,1,3,6,13,17,21\}$ which satisfies $|U+U|=26,|U-U|=39$ and $q=43$, thus the exponent $\theta=$ $1+\frac{\log 39-\log 26}{\log 43}=1.1078 \ldots$ is admissible in (5) with $c(K)=\left(\frac{2(K-1)}{3 K}\right)^{5 / 4}$. This set $U$ provides the optimal value of $\frac{\log d(U)-\log s(U)}{\log q(U)}$ when $U$ runs over all sets of nonnegative integers of cardinality less than or equal to 11.

In order to improve the admissible exponent in (5), we will use some idea from [2]. We denote $\mathbb{N}$ the set of all nonnegative integers. Let

$$
\begin{equation*}
V=V(m, L)=\left\{\left(x_{1}, \ldots, x_{m}\right) \in \mathbb{N}^{m}: x_{1}+\cdots+x_{m} \leq L\right\} \tag{13}
\end{equation*}
$$

Then by lemmas 1 and 2 of [2], we get

$$
\begin{equation*}
|V|=\binom{m+L}{m},|2 V|=\binom{m+2 L}{m},|V-V|=\sum_{k=0}^{\min (m, L)}\binom{m}{k}^{2}\binom{L+m-k}{m} . \tag{14}
\end{equation*}
$$

Let $\Lambda=\left(L_{j}\right)_{j \geq 0}$ be the sequence defined by

$$
\begin{equation*}
L_{0}=1, \quad L_{j+1}=2 L L_{j}+1, j \geq 0 \tag{15}
\end{equation*}
$$

By projection of $V$ on the set of nonnegative integers $\left(x_{1}, \ldots, x_{m}\right) \mapsto x_{1}+x_{2} L_{1}+$ $x_{3} L_{2}+\cdots+x_{m} L_{m-1}$, by which the number of sums and the number of differences are
preserved, we get a set $U$ verifying $\max U=L L_{m-1}$. Solving the linear recurrence (15), we obtain $L_{m-1}=\frac{(2 L)^{m}-1}{2 L-1}$, thus $q(U)=2 \max U+1=\frac{(2 L)^{m+1}-1}{2 L-1}$. The choice $m=8, L=9$ gives a set $U$ with $|U|=24310, s(U)=1562275, d(U)=23301307$ and $q(U)=11668193551$. This yields the exponent

$$
\theta=1+\frac{\log d(U)-\log s(U)}{\log q(U)}=1.1165 \ldots
$$

in (5).
We may observe that when projecting $V$ on the set of integers, we only need to select a sequence $\Lambda=\left(L_{j}\right)_{j=0, \ldots, m-1}$ such that the number of sums (and hence also the number of differences) are preserved. For this we can argue by induction applying the following greedy algorithm: let $L_{0}=1$, and assume that for some $1 \leq j \leq m-1$, $L_{0}<L_{1}<\cdots<L_{j-1}$ have been chosen so that the mapping $p_{j}:\left(x_{1}, \ldots, x_{j}\right) \mapsto x_{1}+$ $x_{2} L_{1}+x_{3} L_{2}+\cdots+x_{j} L_{j-1}$ preserves the number of sums from $S(j, L):=\left\{\left(x_{1}, \ldots, x_{j}\right) \in\right.$ $\left.\mathbb{N}^{j}: x_{1}+\cdots+x_{j} \leq L\right\}$. Put $U(j, L):=p_{j}(S(j, L))$ and let

$$
L_{j}:=\min \left\{l>L L_{j-1}: l \notin U(j, L)+U(j, L)-U(j, L)-U(j, L-1)\right\} .
$$

Then the projection $p_{j+1}:\left(x_{1}, \ldots, x_{j+1}\right) \mapsto x_{1}+x_{2} L_{1}+x_{3} L_{2}+\cdots+x_{j} L_{j-1}+x_{j+1} L_{j}$ preserves the number of sums from $S(j+1, L)$. Indeed let $x, y, z, t \in S(j+1, L)$ such that

$$
\begin{equation*}
p_{j+1}(x)+p_{j+1}(y)=p_{j+1}(z)+p_{j+1}(t) \tag{16}
\end{equation*}
$$

If $x_{j+1}=y_{j+1}=z_{j+1}=t_{j+1}=0$, then

$$
\begin{equation*}
p_{j}\left(x_{1}, \ldots, x_{j}\right)+p_{j}\left(y_{1}, \ldots, y_{j}\right)=p_{j}\left(z_{1}, \ldots, z_{j}\right)+p_{j}\left(t_{1}, \ldots, t_{j}\right), \tag{17}
\end{equation*}
$$

hence by induction hypothesis $x+y=z+t$. Otherwise, we may assume that $x_{j+1}+$ $y_{j+1}-z_{j+1}-t_{j+1} \geq 0$ and $x_{j+1} \geq 1$. Then $\left(x_{1}, \ldots, x_{j}\right) \in S(j, L-1)$ and by (16), one has $\left(x_{j+1}+y_{j+1}-z_{j+1}-t_{j+1}\right) L_{j}=p_{j}\left(t_{1}, \ldots, t_{j}\right)+p_{j}\left(z_{1}, \ldots, z_{j}\right)-p_{j}\left(y_{1}, \ldots, y_{j}\right)-$ $p_{j}\left(x_{1}, \ldots, x_{j}\right) \in U(j, L)+U(j, L)-U(j, L)-U(j, L-1)$. Since $\max (U(j, L)+U(j, L)-$ $U(j, L)-U(j, L-1))<2 L_{j}$ and $L_{j} \notin U(j, L)+U(j, L)-U(j, L)-U(j, L-1)$, we clearly have $x_{j+1}+y_{j+1}-z_{j+1}-t_{j+1}=0$, giving (17) again. By the induction hypothesis, we deduce $\left(x_{1}, \ldots, x_{j}\right)+\left(y_{1}, \ldots, y_{j}\right)=\left(z_{1}, \ldots, z_{j}\right)+\left(t_{1}, \ldots, t_{j}\right)$, and finally $x+y=z+t$. For $m=9$ and $L=7$, a short program gives the sequence

$$
\Lambda=(1,15,211,1590,14976,109870,788046,5535439,38772709)
$$

yielding by projection a sequence $U$ of integers such that $q(U)=2 \max U+1=$ 542817927 . Since sums and differences are preserved in cardinality, of course by (14) we have $s(U)=\binom{23}{9}=817190$ and $d(U)=\sum_{k=0}^{6}\binom{9}{k}^{2}\binom{16-k}{9}=12494233$. We thus get $\theta=1.135596$ as an admissible exponent.

It is still possible to improve it by relaxing the definition of the sequence $\Lambda=$ $\left(L_{j}\right)_{j=0, \ldots, m-1}$ by removing the condition $L_{j}>L L_{j-1}, j \geq 1$. We thus obtain a new sequence $\Lambda$ for which the projection $p_{j}:\left(x_{1}, \ldots, x_{j}\right) \mapsto x_{1}+x_{2} L_{1}+x_{3} L_{2}+\cdots+x_{j} L_{j-1}$ does not necessary preserve the number of sums nor the number of differences. However
only a few number of sums and differences are lost through the projection $p_{j}$. This gives for $m=11, L=7$ and

$$
\Lambda=(1,15,211,1590,14976,109870,605315,3362489,17767138,80137194,408850463)
$$

a set $U$ verifying

$$
s(U)=4455634, \quad d(U)=110205905, \quad q(U)=2 \max U+1=5723906483
$$

This yields the admissible exponent $\theta=1.144655$.
Proof of Theorem 2. The Plünnecke inequality (i) given in the introduction has the disadvantage not to give any information on the size of the subset $X$ of $A$. However by repeated application of it, it has been shown by the third-named author that an analogue result holds with a large subset $X$ of $A$ (see [7, Theorem 3.3]). In a weaker but more convenient form, it can be stated as follows:

Lemma. Let $K$ and $\delta$ be positive real numbers, $h$ be a positive integer and $A, B$ be finite and non-empty subsets of an abelian group such that $|A+B| \leq K|A|$. Then there exists a subset $X$ of $A$ with $|X| \geq(1-\delta)|A|$ such that $|X+h B| \leq 2 K^{h} \delta^{1-h}|A|$.

We now complete the proof of Theorem 2. We use the following notation: $|A|=m$, $|j B|=n_{j},|B|=n=n_{1},|A+B|=s$ and $|A-B|=d$. We obviously have

$$
\begin{equation*}
d \leq m n \tag{18}
\end{equation*}
$$

We also use several instances of (3). First we put $X=A, Y=B, Z=B$ to obtain

$$
\begin{equation*}
d \leq \frac{s n_{2}}{n} \tag{19}
\end{equation*}
$$

Next we put $Y=B, Z=2 B$ to obtain

$$
\begin{equation*}
|X-B| \leq|X+2 B| \frac{n_{3}}{n_{2}} \tag{20}
\end{equation*}
$$

We will use this for a large subset $X$ of $A$ for which $X+2 B$ is small and in view of (20) we will then estimate $A-B$ by

$$
|A-B| \leq|X-B|+|(A \backslash X)-B| \leq|X+2 B| \frac{n_{3}}{n_{2}}+n(m-|X|)
$$

For the set $X$ given in the lemma with $h=2$, we deduce

$$
\begin{equation*}
|A-B| \leq \frac{2 n_{3} s^{2}}{n_{2} \delta m}+\delta n m \tag{21}
\end{equation*}
$$

Choosing $\delta=\frac{s}{m}\left(\frac{2 n_{3}}{n n_{2}}\right)^{1 / 2}$ in this inequality, we find

$$
|A-B|^{2} \leq(2 s)^{2}\left(\frac{2 n n_{3}}{n_{2}}\right)
$$

Multiplying this inequality with (19) and taking the cube root, we obtain $d \leq 2 s n_{3}^{1 / 3}$, which is the requested inequality apart from the factor 2 . We can remove it as follows.

Take our sets $A, B$ and apply the result to the $k$-fold Cartesian products $A^{k}$ and $B^{k}$. Every quantity is then raised to the $k$-th power, and by taking $k$-th root we have our theorem with the factor $2^{1 / k}$. By taking the limit we derive the theorem with the factor 1.

Remark. We saw in the introduction that the bound (9) is not true in general for $h \geq 7$. Let $A=B=V(m, m / 2)$ be the set defined in (13) with $L=m / 2$. We have by (14) the estimates $\log |2 A|=(2 \log 2+o(1)) m, \log |A-A|=(2 \log (1+\sqrt{2})+o(1)) m$ as $m$ tends to infinity (see [2] for more details). Moreover $6 A=V(m, 3 m)$, thus, by Stirling's formula, we have $|6 A|=(4 \log 4-3 \log 3+o(1)) m$ as $m$ tends to infinity. Since $2 \log (1+\sqrt{2})-2 \log 2>\frac{4 \log 4-3 \log 3}{4}$, we obtain that $|A-A|>|2 A||6 A|^{1 / 6}$ for $m$ sufficiently large, disproving the bound (9) for $h=6$. For $h=4$ or 5 , it is an open question to decide whether or not (9) holds for any sets $A$ and $B$.

## 3. How large can $|X-B|$ be for $X \subset A$ ?

Proof of Theorem 4. For an integer $N \geq 1$ (to be specified later) put

$$
\lambda=\min _{1 \leq j \leq N} \frac{|(j+1) B|}{|j B|}
$$

Then by Plünnecke inequality, $\lambda^{N}|B| \leq|(N+1) B| \leq K^{N+1}|A|$, thus

$$
\lambda \leq K^{1+1 / N}\left(\frac{|A|}{|B|}\right)^{1 / N}
$$

Together with the trivial bound $\lambda \leq|B|$, we get $\lambda \leq K|A|^{1 /(N+1)}$. Therefore there exists $j, 1 \leq j \leq N$, such that

$$
|j B+B| \leq K|A|^{1 /(N+1)}|j B| .
$$

Inequality (3) yields for any $X \subset A$,

$$
|X-B| \leq \frac{|X+j B||(j+1) B|}{|j B|}
$$

By Plünnecke's theorem, there exists a non-empty subset $X \subset A$ such that $|X+j B| \leq$ $K^{j}|X|$, thus

$$
|X-B| \leq K^{j+1}|A|^{1 /(N+1)}|X| \leq K^{N+1}|A|^{1 /(N+1)}|X| .
$$

Taking

$$
N=\left\lceil\left(\frac{\log |A|}{\log K}\right)^{1 / 2}\right\rceil-1
$$

we finally obtain the bound (10).

Proof of Theorem 5. Let $d \geq 1$ be an integer. We will construct a pair of sets $A$ and $B$ in $\mathbb{Z}^{d}$ satisfying the conclusion of Theorem 5 . Then by projection on $\mathbb{Z}$, using for instance the mapping $\left(x_{1}, \ldots, x_{d}\right) \mapsto x_{1}+q x_{2}+\cdots+q^{d-1} x_{d}$ where $q$ is sufficiently large to have the number of sums and that of differences unchanged, we may obtain the same result with $A$ and $B$ being sets of integers.

For a given $d$-tuple $\underline{x}=\left(x_{1}, x_{2}, \ldots, x_{d}\right) \in \mathbb{N}^{d}$, we denote by $\nu(\underline{x})$ the number its non-zero coordinates, and by $\sigma(\underline{x})$ the sum of all its coordinates:

$$
\nu(\underline{x})=\sum_{\substack{1 \leq i \leq d \\ x_{i} \neq 0}} 1, \quad \sigma(\underline{x})=\sum_{1 \leq i \leq d} x_{i} .
$$

Let $\left(e_{i}\right)_{1 \leq i \leq d}$ be the canonical basis of $\mathbb{Z}^{d}$ and $u \in[1, d]$ be an integer. We let

$$
A=\left\{\underline{x}=\left(x_{1}, x_{2}, \ldots, x_{d}\right) \in \mathbb{N}^{d}: \nu(\underline{x})=J \text { and } \sigma(\underline{x})=k\right\},
$$

and

$$
B=\left\{e_{i_{1}}+e_{i_{2}}+\cdots+e_{i_{u}}: 1 \leq i_{1}<i_{2}<\cdots<i_{u} \leq d\right\} .
$$

The set $A$ is formed with integral points of certains $J$-dimensional edges of a simplex and the set $B$ by some vertices of an hypercube. The sumset $A+B$ has the same structure than $A$ and its size is controlled by the parameters $k$ and $u$ : large $k$ and small $u$ make $|A+B|$ close to $|A|$. Now each element of $A-B$ having exactly $u$ negative coordinates (all are equal to -1 ) belongs to a certain $a-B$, for an unique $a \in A$. It follows that choosing the parameter $d-J$ as large as possible, in relation with $k$ and $u$, will imply a large lower bound for $|X-B| /|X|$, for any $\varnothing \neq X \subset A$.

We have by easy combinatorical considerations

$$
\begin{equation*}
|A|=\binom{d}{J}\binom{k-1}{J-1} . \tag{22}
\end{equation*}
$$

Put for $i=0,1, \ldots, u$

$$
C_{i}=\left\{\underline{x}=\left(x_{1}, x_{2}, \ldots, x_{d}\right) \in \mathbb{N}^{d}: \nu(\underline{x})=J+i \text { and } \sigma(\underline{x})=k+u\right\} .
$$

Then $A+B \subset \bigcup_{i=0}^{u} C_{i}$. We also have

$$
\left|C_{i}\right|=\binom{d}{J+i}\binom{k+u-1}{J+i-1} .
$$

From this and (22) we get

$$
\begin{aligned}
\frac{\left|C_{i}\right|}{|A|} & =\frac{(d-J)(d-J-1) \ldots(d-J+i-1)}{(J+1)(J+2) \ldots(J+i)} \cdot \frac{(k+u-1)(k+u-2) \ldots(k+u-i)}{(J+i-1)(J+i-2) \ldots J} \\
& \cdot \frac{(k+u-i-1)(k+u-i-2) \ldots k}{(k-J+u-i)(k-J+u-i-1) \ldots(k-J+1)} \\
& \leq\left(\frac{d-J}{J}\right)^{i} \frac{(k+u)^{u}}{J^{i}(k-J)^{u-i}} .
\end{aligned}
$$

Thus

$$
\sum_{i=0}^{u} \frac{\left|C_{i}\right|}{|A|} \leq\left(\frac{k+u}{k-J}\right)^{u} \sum_{i=0}^{u}\left(\frac{(d-J)(k-J)}{J^{2}}\right)^{i}
$$

If we assume

$$
\begin{equation*}
\frac{(d-J)(k-J)}{J^{2}} \leq \tau \tag{23}
\end{equation*}
$$

we get

$$
\begin{equation*}
\frac{|A+B|}{|A|} \leq \sum_{i=0}^{u} \frac{\left|C_{i}\right|}{|A|} \leq(1-\tau)^{-1}\left(\frac{k+u}{k-J}\right)^{u} . \tag{24}
\end{equation*}
$$

For each $\underline{x} \in A$, there are $(d-J)$ zero coordinates $x_{i}$, thus there are at least $\binom{d-J}{u}$ elements in $\underline{x}-B$ which are uniquely determined by $\underline{x}$ in $A-B$. This gives for any $X \subset A$

$$
|X-B| \geq\binom{ d-J}{u}|X|
$$

We now come to the choice of the parameters. Let $\varepsilon>0$ such that $(1-\tau) K^{1-\varepsilon}>1$. We introduce $\theta=\left(\frac{\log \left((1-\tau) K^{1-\varepsilon}\right)}{J}\right)^{1 / 2}, \lambda=\frac{\tau}{\theta}$ and put

$$
u=\lfloor\tau \theta J\rfloor, \quad d=\lfloor(1+\theta) J\rfloor, \quad k=\lfloor(1+\lambda) J\rfloor .
$$

Condition (23) is clearly fulfilled thus (24) holds. A short calculation yields

$$
(1-\tau)^{-1}\left(\frac{k+u}{k-J}\right)^{u} \leq(1-\tau)^{-1}(1-\tau) K^{1-\varepsilon}(1+o(1)) \leq K
$$

as $J$ tend to infinity, thus $|A+B| \leq K|A|$ can be achieved by taking $J$ large enough.
Stirling's formula gives

$$
\binom{d-J}{u}=\binom{\lfloor\theta J\rfloor}{\lfloor\tau \theta J\rfloor} \geq \exp ((f(\tau)+o(1)) \theta J),
$$

as $J$ tends to infinity. Thus we have

$$
\frac{|X-B|}{|X|} \geq \exp \left((f(\tau)+o(1)) \sqrt{J \log \left((1-\tau) K^{1-\varepsilon}\right)}\right)
$$

By (22), we obtain $|A| \leq J^{\frac{3}{2} J(1+o(1))}$ as $J$ tends to infinity, hence

$$
\begin{equation*}
\log |A| \leq\left(\frac{3}{2}+o(1)\right) J \log J \tag{25}
\end{equation*}
$$

giving $J \geq \frac{2+o(1)}{3} \frac{\log |A|}{\log \log |A|}$. Theorem 5 follows easily by choosing $\varepsilon>0$ sufficiently small so that $(1-\varepsilon)^{1 / 2} f(\tau) \sqrt{\frac{2}{3}}>c$ and then by taking $J$ large enough.

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